

## ABSTRAK

**KECEMASAN DALAM MENGHADAPI PENILAIAN, KEPERCAYAAN DIRI  
DI SEKOLAH, DAN PERILAKU PROSOSIAL SISWA DITINJAU DARI  
KEIKUTSERTAAN SISWA DALAM PROGRAM BIMBINGAN BELAJAR**

Studi Komparatif pada Siswa SMA Negeri 2 Wates Tahun Ajaran 2017/2018

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2018

Penelitian ini bertujuan untuk mengetahui apakah terdapat perbedaan kecemasan dalam menghadapi penilaian, kepercayaan diri di sekolah, dan perilaku prososial siswa ditinjau dari keikutsertaan siswa dalam program bimbingan belajar.

Penelitian ini merupakan penelitian kuantitatif-komparatif yang dilaksanakan pada bulan Januari sampai dengan Februari 2018. Populasi penelitian adalah seluruh siswa di SMA Negeri 2 Wates. Sampel penelitian ini adalah seluruh siswa kelas XII SMA Negeri 2 Wates yang berjumlah 154 siswa yang diambil dengan teknik *purposive sampling*. Data dikumpulkan dengan menggunakan kuesioner dan dianalisis dengan uji *independent sample t-test*, dan *mann withney*.

Hasil penelitian ini menunjukkan bahwa: (1) tidak terdapat perbedaan kecemasan dalam menghadapi penilaian ditinjau dari keikutsertaan siswa dalam program bimbingan belajar ( $sig.(2-tailed) = 0,839$ ); (2) tidak terdapat perbedaan kepercayaan diri di sekolah ditinjau dari keikutsertaan siswa dalam program bimbingan belajar ( $sig.(2-tailed) = 0,993$ ); (3) tidak terdapat perbedaan perilaku prososial siswa ditinjau dari keikutsertaan siswa dalam program bimbingan belajar ( $sig.(2-tailed) = 0,911$ ).

**Kata kunci:** Kecemasan, penilaian, kepercayaan diri, perilaku prososial, program bimbingan belajar.

**ABSTRACT**

**ANXIETY IN CONFRONTING ASSESSMENT, SELF CONFIDENCE IN SCHOOL, AND PROSOCIAL STUDENT BEHAVIOR PERCEIVED FROM STUDENT PARTICIPATION IN LEARNING GUIDANCE COURSE PROGRAM**

**A Comparative Study in SMA Negeri 2 Wates, Learning 2017/2018 Academic Year**

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2018

This research aims to find out whether there are differences of anxiety in confronting assessment, self-confidence in school, and students prosocial behavior perceived from the participation of student in learning guidance course program.

This research is a quantitative-comparative research which was carried out from January until February 2018. The population of this research were all students of SMA Negeri 2 Wates. The samples of this research wer 154 students of the twelfth grade of SMA Negeri 2 Wates. The technique of taking samples was purposive sampling. Data were collected by using questionnaires and analyzed by independent sample t-test and mann withney.

The result of this research shows: (1) there is no difference of anxiety in confronting assessment perceived from the participation of students in the learning guidance course program (*sig.(2-tailed)* = 0,839); (2) there is no difference of self-confidence in school perceived from the participation of students in the learning guidance course program (*sig.(2-tailed)* = 0,993); (3) there is no difference of students prosocial behavior perceived from the participation of students in the learning guidance course program (*sig.(2-tailed)* = 0,911).

**Keywords:** anxiety, assessment, self confidence, prosocial behavior, and learning guidance course program.

